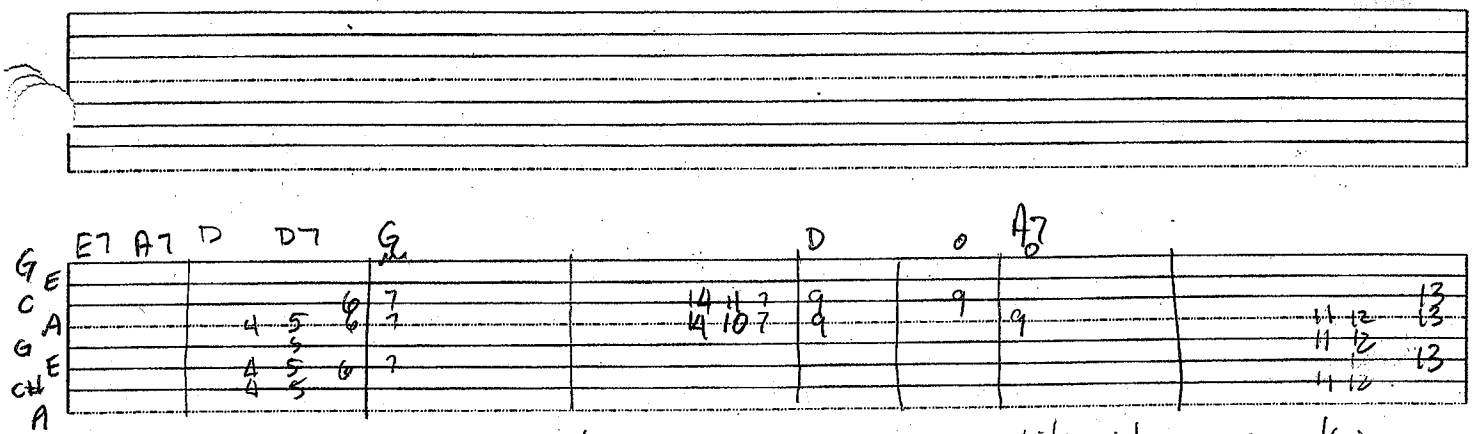Kaimana Hila